

WORTHING YOGA CENTRE

Class Renewal I July - 30 August

Payment due the last class of the current block

Please pay on time so you can be added to the register

Monday I July - 26 August 2019; fees due by 24 June

Regular classes closed Bank Holiday Monday 26 August

10.30am - 12 noon - Barbara, I, 8, 15, 22, 29 July August dates to follow - £50.00 (members £35.00)

12.30pm - 1.45pm - Barbara, 1, 8, 15, 22, 29 July August dates to follow - £47.50 (members £35.00)

10.30am - 12 noon Findon - Mel, 1, 8, 15, 22 July; 5, 12, 19 August; No Class 29 July, 26 Aug - £63.00 (members £42.00)

6.30pm - 8.00pm - Mel, 8, 15, 22 July; 5, 12, 19 August; No Class 1, 29 July, 26 August - £60.00 (members £42.00)

8.15pm - 9.15pm - Mel, 8, 15, 22 July; 5, 12, 19 August; No Class 1, 29 July, 26 August - £54.00 (members £42.00)

Tuesday 2 July - 27 August 2019; fees due by 25 June

12 noon - 1.15pm - Hilary, 2, 9, 16, 23, 30 July; 6, 13, 20, 27 August - £85.50 (members £63.00)

6.00pm - 7.15pm - Helen, 9, 16, 23 July; 6, 13, 20, 27 August; No Class 2, 30 July - £66.50 (members £49.00)

7.30pm - 8.45pm - Helen, 9, 16, 23 July; 6, 13, 20, 27 August; No Class 2, 30 July - £66.50 (members £49.00)

Wednesday 3 July - 28 August 2019; fees due by 26 June

10.00am - 11.30am - Mel, 10, 17, 24 July; 7, 14, 21 August; No class 3, 31 July; 28 Aug - £60.00 (members £42.00) 6.30pm - 8.00pm - Mel, 10, 17, 24 July; 7, 14, 21, 28 August; No class 3, 31 July - £70.00 (members £49.00)

Thursday 4 July - 29 August 2019; fees due by 27 June

10.00am - 11.30am - Mel, 4, 11, 18, 25 July; 1, 8, 15, 22 August; No class 29 August - £80.00 (members £56.00) 7.15pm - 8.45pm - Helen, 11, 25 July; 1, 8, 15, 29 August; No class 4, 18 July; 22 August - £60.00 (members £42.00)

Friday 5 July - 30 August 2019; fees due by 28 June

12 noon - 1.15pm - Hilary, 5, 12, 26 July; 2, 9, 16, 23, 30 August; No class 19 July - £76.00 (members £56.00)

Please keep a note of these dates for reference



Qualifications

All classes are taught by qualified, experienced IYENGAR® Yoga teachers. All IYENGAR® Yoga teachers are trained to teach using the same methodology. The Iyengar Yoga Association UK (IY UK) is responsible for assessing and awarding teaching certificates and continued monitoring of all teachers to ensure high standards are maintained.