



Just Yoga

WORTHING YOGA CENTRE

Class Renewal 20 Jan - 20 March 2020

Payment due the last class of the current block

Please pay on time so you can be added to the register

Monday 20 Jan - 16 March 2020; fees due by 13 January

10.30am - 12 noon Findon - Mel, 20, 27 Jan; 3, 10, 17, 24 Feb; 2, 9, 16 March 2020 - £81.00 (members £54.00)

10.30am - 12 noon - Kirstie, 20, 27 Jan; 3, 10, 24 Feb; 2, 9, 16 March 2020 - £80.00 (members £56.00)

12.30pm - 1.45pm - Kirstie, 20, 27 Jan; 3, 10, 24 Feb; 2, 9, 16 March 2020 - £76.00 (members £56.00)

6.30pm - 8.00pm - Mel, 20, 27 Jan; 3, 10, 17, 24 Feb; 2, 9, 16 March 2020 - £90.00 (members £63.00)

8.15pm - 9.15pm - Mel, 20, 27 Jan; 3, 10, 17, 24 Feb; 2, 9, 16 March 2020 - £81.00 (members £63.00)

Tuesday 21 Jan - 17 March 2020; fees due by 14 January

12 noon - 1.15pm - Hilary, 21, 28 Jan; 4, 11, 18 Feb; 3, 10, 17 March 2020, - £76.00 (members £56.00)

6.00pm - 7.15pm - Helen, 21, 28 Jan; 4, 11, 18, 25 Feb; 3, 10, 17 March 2020; - £85.50 (members £63.00)

7.30pm - 9.00pm - Helen, 21, 28 Jan; 4, 11, 18, 25 Feb; 3, 10, 17 March 2020; - £90.00 (members £63.00)

Wednesday 22 Jan - 18 March 2020; fees due by 15 January

10.00am - 11.30am - Mel, 22, 29 Jan; 5, 12, 19, 26 Feb; 4, 11, 18 March 2020 - £90.00 (members £63.00)

6.30pm - 8.00pm - Mel, 22, 29 Jan; 5, 12, 19, 26 Feb; 4, 11, 18 March 2020 - £90.00 (members £63.00)

Thursday 23 Jan - 19 March 2020; fees due by 16 January

10.00am - 11.30am - Mel, 23, 30 Jan; 6, 13, 20, 27 Feb; 5, 12, 19 March 2020 - £90.00 (members £63.00)

6.30pm - 7.45pm - Clare, 6 Week Introductory Course 9 Jan - 13 Feb - £57.00

Friday 24 Jan - 20 March 2020; fees due by 17 January

12 noon - 1.15pm - Hilary, 24, 31 Jan; 7, 14, 21 Feb; 6, 13, 20 March 2020 - £76.00 (members £56.00)

Please keep a note of these dates for reference



Qualifications

All classes are taught by qualified, experienced IYENGAR® Yoga teachers. All IYENGAR® Yoga teachers are trained to teach using the same methodology. The Iyengar Yoga Association UK (IY UK) is responsible for assessing and awarding teaching certificates and continued monitoring of all teachers to ensure high standards are maintained.