



Just Yoga

WORTHING YOGA CENTRE

Class Renewal 4 Nov - 17 Jan 2020

Payment due the last class of the current block

Please pay on time so you can be added to the register

Monday 4 Nov - 13 Jan 2020; fees due by 28 October

10.30am - 12 noon Findon - Mel, 4, 11, 18, 25 Nov ; 2, 9, 16 Dec; 6, 13 Jan 2020 - £81.00 (members £54.00)

10.30am - 12 noon - Kirstie, 4, 11, 18, 25 Nov ; 2, 9, 16 Dec; 6, 13 Jan 2020 - £90.00 (members £63.00)

12.30pm - 1.45pm - Kirstie, 4, 11, 18, 25 Nov ; 2, 9, 16 Dec; 6, 13 Jan 2020 - £85.50 (members £63.00)

6.30pm - 8.00pm - Mel, 4, 11, 18, 25 Nov ; 2, 9, 16 Dec; 6, 13 Jan 2020 - £90.00 (members £63.00)

8.15pm - 9.15pm - Mel, 4, 11, 18, 25 Nov ; 2, 9, 16 Dec; 6, 13 Jan 2020 - £81.00 (members £63.00)

Tuesday 5 Nov - 14 Jan 2020; fees due by 29 October

12 noon - 1.15pm - Hilary, 5, 19, 26 Nov; 3, 10, 17 Dec; 7, 14 Jan 2020, - £76.00 (members £56.00)

6.00pm - 7.15pm - Helen, 5, 12, 19, 26 Nov; 3, 10, 17 Dec; 7, 14 Jan 2020; - £85.50 (members £63.00)

7.30pm - 9.00pm - Helen, 5, 12, 19, 26 Nov; 3, 10, 17 Dec; 7, 14 Jan 2020; - £90.00 (members £63.00)

Wednesday 6 Nov - 15 Jan 2020; fees due by 30 October

10.00am - 11.30am - Mel, 4, 11, 18, 25 Sept; 2, 9, 16, 23 Oct No class 30 Oct - £80.00 (members £56.00)

6.30pm - 8.00pm - Mel, 4, 11, 18, 25 Sept; 2, 9, 16 Oct No class 23, 30 Oct - £70.00 (members £49.00)

Thursday 7 Nov - 16 Jan 2020; fees due by 31 October

10.00am - 11.30am - Mel, 6, 13, 20, 27 Nov; 4, 11, 18 Dec; 8, 15 Jan 2020 - £90.00 (members £63.00)

6.30pm - 7.45pm - Clare, 6 Week Introductory Course 31 Oct - 5 Dec - £57.00

Friday 8 Nov - 17 Jan 2020; fees due by 1 November

12 noon - 1.15pm - Hilary, 8, 22, 29 Nov; 6, 13, 20 Dec; 3, 10, 17 Jan 2020 - £85.50 (members £63.00)

Christmas Closure

Last class Friday 20th December. First class back Friday 3 January

Christmas Workshops

Saturday 21 December 10.00am - 12.30pm - members £22.00, non members £25.00

Sunday 29 December 10.30am - 1.00pm - members £22.00, non members £25.00



Qualifications

All classes are taught by qualified, experienced IYENGAR® Yoga teachers. All IYENGAR® Yoga teachers are trained to teach using the same methodology. The Iyengar Yoga Association UK (IY UK) is responsible for assessing and awarding teaching certificates and continued monitoring of all teachers to ensure high standards are maintained.