



# Just Yoga

WORTHING IYENGAR YOGA CENTRE



IYENGAR® yoga certified

tel. 01903 820888 . www.justyoga.co.uk . mob. 07792 567720

# Nathalie Blondel

## Friday Class 6.15-8.15pm

Nathalie is an Intermediate Senior Iyengar Yoga teacher. These classes are focussed towards progressing students, trainee teachers and teachers, with a regular practise of Iyengar yoga. They will explore the more subtle points and links of the introductory postures working deeper and building towards the more senior.

Block 1 13, 20, 27 April, 4, 11 May. 1, 8 June 2018  
Just Yoga Members - £84.00, Non Members £91.00

Block 2 15, 22, 29 June 13, 20, 27 July 2018  
Just Yoga Members - £72.00, Non Members £78.00

**For further information:**  
**01903 820888**  
**www.justyoga.co.uk**



*Nathalie is IYENGAR® yoga qualified*



### Booking Form

I enclose my payment to reserve my space

Block 1  Block 2  Amount enclosed £.....

**Send to: just yoga 22 Marine Place Worthing BN11 3DN**

NAME .....

E-MAIL .....

ADDRESS .....

Postcode..... TEL NO .....

**We are unable to reserve a space until payment is received (Cheques payable to Just Yoga)**