


just yoga
WORTHING YOGA CENTRE

tel. 01903 820888 . www.justyoga.co.uk



Introductory Course

Saturday

20 January - 24 February 2018

11.30am - 12.30pm

6 Classes - £48.00

This Introductory Course is aimed at those who have done little or no Yoga and concentrates on the foundation postures.



For further information:
01903 820888
www.justyoga.co.uk

"people improve through yoga - whatever their age, shape or fitness"


Booking Form

I enclose my payment to reserve my space *Please tick*

Send to: just yoga 22 Marine Place
Worthing West Sussex BN11 3DN

NAME

E-MAIL

ADDRESS

Postcode..... TEL NO

We are unable to reserve a space until payment is received

